

**Pamela J. Mitterling, MAEd, PCC-S, LSW, LICDC, RN**

Center for Innovative Practices  
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**Education:** Mount Union College, BA, Psychology, 1991  
The University of Akron, MAEd, Community Counseling, Magna Cum Laude, 1995  
Stark State College of Technology, AAS, Nursing 2006

**Experience: Center for Innovative Practices June '03-present**

A Coordinating Center of Excellence, an initiative of the Ohio Department of Mental Health (ODMH) and Kent State University

MST Consultant

Statewide dissemination, consultation, and training in Multisystemic Therapy (MST). Responsibilities include supervisor development, provision of tools and resources promoting adherence to MST's model of treatment, including the use of research-validated interventions and strategies and ongoing outcomes evaluation, as well as development of strategies to overcome organizational and systemic barriers to program implementation. Provided clinical consultation and training to a team participating in a pilot research project studying caregiver substance abuse.

**University Hospitals / Bedford Medical Center Apr '07-present**

Registered nurse, telemetry unit. Assessment and nursing care of primarily geriatric patients demonstrating need for higher-acuity care; administration of IV and oral medications and treatments, quality assurance responsibilities, EKG interpretation, admission and discharge of patients, telemetry monitoring, and supervision and oversight of LPNs and supportive staff.

**Crisis Intervention Center of Stark County, Inc. Sep '92-May '03**

MST Program Supervisor

Nov '98-May '03

Administrative and clinical supervision of eight (8) full-time therapists within a licensed Multisystemic Therapy (MST) program. This Stark Co. MST site was named one of the top ten juvenile justice programs in the U.S. by the Office of Juvenile Justice Delinquency Prevention (OJJDP). The team and several participating families participated in the production of an Introductory Video for parents on MST.

Clinically supervised this team through participation in a randomized clinical trial. (See Timmons-Mitchell, J., Bender, M., Kishna, M., and Mitchell, C. (2006). *An Independent Effectiveness Trial of Multisystemic Therapy with Juvenile Justice Youth*. The Journal of Clinical Child and Adolescent Psychology, Vol. 35, No. 2.

MST Therapist Jun '98-Nov '98  
Provided intensive home-based services using the MST model to families with youth presenting with serious delinquency and behaviors placing them at risk of out-of-home placement.

Choices For Men Group Counselor Mar '97-Jun '98  
Provided individual assessment and group counseling to men convicted of violent crimes and court ordered into treatment. Emphasis was placed on anger management strategies and chemical dependency treatment.

Crisis Counselor/Supervisor/Mental Health Officer Sep '92-Mar '97  
Provided behavioral health pre-hospital screenings throughout Stark Co. in community-based settings (hospitals, jails, homes, workplaces, public places, etc.) on an emergency basis as requested by law enforcement, hospitals, clients or their friends/family members.

Portage County Juvenile Court Jul '91-Sep '92  
Psychology Assistant  
Conducted social history assessments with families, administered and scored psychoeducational testing to incarcerated adolescents, assisted in the preparation of psychological profiles and court recommendations for youth being considered for out-of-home placement.

### **Special Certifications/Qualifications:**

Licensed Professional Clinical Counselor with Supervision Endorsement (PCC-S), 1998  
Licensed Social Worker (LSW) 1992  
Licensed Independent Chemical Dependency Counselor (LICDC), 1998  
Registered Nurse (RN) June 2006  
Certified in Critical Incident Stress Management (CISM)  
Certified in Basic Life Support (BLS)  
Certified in Advanced Cardiac Life Support (ACLS)  
Identified by ODMH as a trainer in "Using Youth Consumer Outcomes to Support Treatment Planning"  
Participated in the production of ODMH's "Vital Signs: Ohio Mental Health Consumer Outcomes System Education Series" Supervisor Training Video  
Stark Co. MST site identified by the Office of Juvenile Justice Delinquency Prevention (OJJDP) as one of the top ten juvenile justice programs in the U.S.  
Served on the OJJDP (Office of Juvenile Justice and Delinquency Prevention) Comprehensive Strategies Workgroups—Stark County, OH